Perform Safe Micro Needling Treatment at Home without Side Effects
# Table of Contents

Amazing Benefits ........................................................................................................ 2  
Derma Stamp Pen Warranty ....................................................................................... 2  
Do You Realize that Many Skin Care Products are Ineffective .............................. 2  
How does Derma Stamp Pen Work ......................................................................... 3  
Choosing Proper Needle Size .................................................................................. 4  
How to Operate & Maintenance Derma Stampen ..................................................... 5  
How Often to Perform Microneedling ..................................................................... 7  
4 Common Side Effects ............................................................................................ 7  
How to Perform Microneedling Properly at Home ................................................... 8  
Sample Treatment Schedule .................................................................................... 9  
10 Frequently Asked Questions & Answers ............................................................. 10  
5 Skincare Products to Skyrocket Your Needling Result .......................................... 11
How to Perform Microneedling & Improve Your Skin by 500%

Without proper instructions, microneedling can harm your skin and trigger an infection. Follow the simple instructions below, and you will transform your skin in 8 weeks. If you want to experience the following benefits, then you **MUST** read this guide!

**Amazing Benefits:**

- Smooth Fine Lines, Deep Wrinkles, Laugh Lines and Crow’s Feet
- Improve Depressed Acne Scarring
- Fill Pitted Chicken Pox Scars and Old Surgical Scars
- Improve the Appearance of Stretch Marks
- Reduce Hyper-pigmentation and Sun Damage
- Smoother Skin Texture
- Reverse Skin Aging
- Boost Elastin and Collagen Production
- Boost Absorption of Skin Care Products

**Derma Stamp Pen Warranty**

Your derma stamp pen comes with a 12 months warranty. It covers manufacturing or performance defects. If there is a problem with your problem, you can replace it within 1 year.

**Important Note:** You **MUST** register for the warranty within 30 days of your purchase, or your warranty will be voided.

You can **register** by visiting www. Comingsoon.com/registration

Your warranty does not cover damages due to:

- Poor handling and maintenance of the product
- Faulty electric current connection
- Intentional repairs by the users
- Natural disaster (such as fire, flood, earthquake, lightning, etc)
- Replacement of genuine parts

**Do You Realize that Many Skin Care Products are Ineffective?**

Chemical peels and microdermabrasion exfoliate and damage your skin surface. They brighten your complexion at best. The secret to eliminating imperfections is by renewing collagen beneath your skin. In comparison to prolonged and painful recovery time, a few days healing time makes skin needling a more desirable alternative.
How does Derma Stamp Pen aka Skin Needling Work?

Derma stamp pen moves the needles up and down and creates 6,000 to 8,000 micro punctures into the skin per minute without damaging your skin! It is super fast, and you cannot even see the needles moving, but you will notice a slight vibration.

Derma stamp pen breaks down old scar tissues. This activates your body's wound healing mechanism and triggers tremendous collagen and elastin production.

Your scars, wrinkles or stretch marks reduce significantly as new collagen slowly rebuilding your skin tissue. Also remodeling of new collagen continues for 12 months after each treatment.

Skin needling can stimulate collagen re-growth by 1,000% in a single treatment. It also improves the absorption of topical products such as Vitamins C, E and Hyaluronic Acid by 10,000 times. This supercharges skin renewal and collagen growth. As a result, your complexion quickly becomes younger and more radiant.
Choosing Proper Needle Size

**Warning (DANGER):** AVOID using needle length of 1.5 mm & above on the face unless you have professional supervision. If improperly used, they can increase recovery time and cause painful side effects. They can even cause micro-scarring if overly used!

The safest and the most effective needle sizes for the face are **0.5 mm** and **1.0 mm**. They are documented and proven to reduce wrinkles, scars and stretch marks.

**Note:** all Rollers can boost topical product absorption and efficacy.

- **0.25 mm** is ONLY for boosting topical skin care product absorption. The better use with Hair Growth Serum (Can Not Induce Collagen). It is perfect needle size for enhancing hair growth.
- **0.5 mm** is for booting product absorption and very fine lines and shallow scarring. (Induces Collagen Slightly)
- **0.75 mm** is for fine lines, mild to moderate scars, hyperpigmentation marks & sensitive areas around the eyes.
- **1.0 mm** is for deep wrinkles, deep scars, hyperpigmentation marks, stretch marks & chicken pox scars.
- **1.5mm and Above** is for severe skin conditions.

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**Treatment Needle Depth Guide:**

<table>
<thead>
<tr>
<th>REGION</th>
<th>PUNCH DEPTH</th>
<th>THIN SKIN</th>
<th>THICK SKIN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Forehead</td>
<td>0.25-0.5mm</td>
<td>Low</td>
<td>Low or middle</td>
</tr>
<tr>
<td>Between Eyebrow</td>
<td>0.25-0.5mm</td>
<td>Low</td>
<td>Low or middle</td>
</tr>
<tr>
<td>Nose</td>
<td>0.25mm</td>
<td>Low</td>
<td>Low or middle</td>
</tr>
<tr>
<td>Eye area</td>
<td>0.25mm</td>
<td>Low</td>
<td>Low</td>
</tr>
<tr>
<td>Cheek bone</td>
<td>0.5mm</td>
<td>Low</td>
<td>Low or middle</td>
</tr>
<tr>
<td>Cheek</td>
<td>0.5-1.0mm</td>
<td>Low</td>
<td>Middle or high</td>
</tr>
<tr>
<td>Lips</td>
<td>0.25mm</td>
<td>Low</td>
<td>Low</td>
</tr>
<tr>
<td>Scar Mark</td>
<td>1-1.5mm</td>
<td>Middle</td>
<td>High</td>
</tr>
<tr>
<td>Stretch Mark</td>
<td>1.5-2.5</td>
<td>High</td>
<td>High</td>
</tr>
</tbody>
</table>
How to Operate & Maintain Your Derma Stamp Pen

1. Setting
   1) Plug in DC adaptor to the Jack
   2) Plug in DC adaptor to AC outlet

2. Preparation
   1) Take out needle cartridge in the sterilized packing
   2) Fitting round slots 1 into 2 of machine. Push needle cartridge horizontally up to the end
   3) Lock the cartridge by turning it to the counter clockwise
   4) Adjustment of needle length should be done after turn on the machine
   5) If you want to remove the needle cartridge, turn it to the clockwise and push out horizontally, fitting round slots together.

3. Adjustment of speed and ON/OFF

   If you press the power button for 2 seconds, it starts the machine and turns in green. It increases the speed of needle movement, when you press the button shortly. You can confirm the speed by the flickering speed of LED lamp in yellow.

   5 level speed control

   - Level 1- Green
   - Level2-Sky Blue
   - Level 3-Blue
   - Level4-pink
   - Level5-Red

   It starts from the lowest speed to the highest, when you turn on the power firstly. The speed cycles low to high. But when you stop the machine temporarily, it starts from final speed of just before use. (only if the power turns on) If you want to stop the machine, press the button for 2 seconds.
4. Adjustment of needle length

You can adjust the length of needle by turning the adjustment ring clockwise or counter clockwise. Turning it clockwise, length of it will be longer. Turning it counter clockwise, length of it will be shorter. (we recommend to use 0.5mm at home use basis)

PRECAUTION:
1. Please be sure to read the instruction before use and follow as described
2. Do not perform treatment if you have the following conditions:
   - Who has acute bleeding problem
   - Who has hemophilia
   - Who has melanosis of the face
   - Who is under 12 years old
3. Do not use it on the power over than AC 220 V. It may cause fires or malfunction
4. Do not use it near the place with high temperature, dust or humidity. It may cause malfunction
5. Do not repair, disassemble or alter the controller and the body. It may cause malfunction
6. Do not touch the device or detach the power cords with wet hands. It may cause electric shock
7. Do not use the stripped or propped cord. It may cause fires
8. When you don’t use it for a long time. Unplug it from the outlet

MAINTENANCE:

1. General maintenance
   1) Keep it with its power off. Wipe its surface out with a dry cloth
   2) Keep it away from direct sunlight or high temperature and humidity
   3) Do not leave the measurement, repair or alter of the device to Non-professional staff

2. Routine inspection
   1) Make sure to inspect the device and adapter before use
   2) When you use the device which has not been used for a long time. Make sure to check if it works properly with safety
How often to Perform Micro-Needling

Warning: Many inexperienced users recommended several treatments per week. This is DANGEROUS and can damage your skin. NEVER have more than 1 treatment weekly with 0.75 mm & 1.0mm needles.

Important Note: Your skin requires 30 days to fully recover. NEVER start a new treatment within 1 week unless using 0.25 or 0.5mm needle length. In doing so, you can break down new collagen fibers and minimize skin improvement.

It is best to treat your skin every 4 weeks to maximize collagen growth! Please follow the guideline below.

(DO NOT treat the same area with various needle sizes in 1 session because this can increase side effects)

- 0.25mm - you can use it every 2 days.
- 0.5mm - you can use it every 3-4 days.
- 1.0 mm – Use once per week.
- 1.5mm – Use once every 2 weeks if used lightly, or every 3 to 4 weeks if used aggressively.
- 2.0mm – Use once every 5 weeks.

4 Common Side Effects

Below are 4 common side effects that are commonly reported by users. They are 100% harmless.

1. Bleeding

Mild bleeding is common during treatment. DON'T PANIC! You’ll notice a few tiny red spots. They will disappear in 24 hours.

2. Redness and Swelling

Everyone experiences redness and swelling after treatment. This is an indication of new collagen production. They will disappear within 24 to 72 hours.

Important Note: Do not wear makeup or sunscreen immediately after a treatment. These products can absorb deeply into your skin through the micro channels, and they can cause blackheads.

3. Skin Dryness, Tightness & Peeling

Skin-needling breaks down and exfoliates the surface of your skin. You will experience dryness, tightness and peeling after a few days. This is common. You will notice a smoother, evenly toned complexion after the peeling process.

4. Popping Noise

Derma Roller stimulates new collagen re-growth by breaking down old scar tissues and wrinkles. This produces mild popping noises. This is rare, but it is perfectly normal.
How to Perform Microneedling Treatment Properly at Home?

Many users enjoy a reduction in wrinkles and scars in several treatments. Follow the directions below for optimum results.

**IMPORTANT Note Before Treatment!**

- **DO NOT** perform treatment if you have: *Active Acne, Keloid Condition, Nodular/Pustular Rosacea, Eczema, Psoriasis, Blood Clotting Problems, Warts, Skin Cancers, Melanoma, Solar Keratosis, or Sunburn.*
- Before apply numb cream, test it on the back of your hand. If you have **NO** allergic reaction, then use it on your face.

**Important Directions**

1) Insert the needle cartridge into the derma stamp pen.

2) Adjust the desirable needle size.

3) Sterilize the needle with isopropyl alcohol for 5 - 10 minutes.

4) Wash your face with a cleanser to remove oils and dirt.

5) Apply numb cream, rub it into your skin. Wait 30 minutes and then wipe it off.

6) Apply Copper Peptide Serum on the treatment area. Copper peptide can induce collagen with derma stamp pen.

7) Adjust your derma stamp pen to the desirable speed/

8) With gentle pressure, slowly move the device back and forth 2 to 3 times in various directions (vertical, horizontal, diagonal) while **pulling the skin tightly** with one hand as this will improve needle penetration.

9) When you finish needling, wash your face with a gentle cleanser to remove the blood.

10) Apply collagen peptide silk mask to reduce redness and inflammation.

11) **Don’t** wear makeup/sunscreen immediately after treatment. They aren’t for deep skin treatment. They can enter deeply into your skin through micro-punctures and cause infection. Wait **at least 24 hr** before applying them.

12) You will notice a slight reddening of your skin. It is **NORMAL**. This indicates that your skin is reproducing new collagen.

   The redness will fade away in 2 days. If you go outside, **APPLY SUNSCREEN ONLY 24 hours after treatment.**

13) Repeat step 1 to 9 for your next treatment.
Sample Skin Needling Treatment Schedule

Below are 2 sample schedules for using 0.5mm and 0.75/1.0mm in a 1 month period. **NEVER** have more than 1 treatment per day with different needle sizes because this will increase recovery time and side effects.

**Sample 1**

*Single treatment of 0.75 or 1.0mm roller*

<table>
<thead>
<tr>
<th></th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>0.5mm</td>
<td></td>
<td></td>
<td>0.5mm</td>
<td></td>
<td></td>
<td>0.5mm</td>
</tr>
<tr>
<td>Week 2</td>
<td></td>
<td></td>
<td>0.5mm</td>
<td></td>
<td>0.75 or 1.0mm</td>
<td></td>
<td></td>
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<tr>
<td>Week 3</td>
<td></td>
<td>0.5mm</td>
<td></td>
<td></td>
<td>0.5mm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td>0.5mm</td>
<td></td>
<td>0.5mm</td>
<td></td>
<td></td>
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<td>0.5mm</td>
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**Sample 2**

*Multiple treatments of 0.75 or 1.0mm roller*

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<thead>
<tr>
<th></th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>0.75 or 1.0mm</td>
<td></td>
<td></td>
<td>0.5mm</td>
<td></td>
<td></td>
<td>0.5mm</td>
</tr>
<tr>
<td>Week 2</td>
<td></td>
<td></td>
<td>0.5mm</td>
<td></td>
<td></td>
<td>0.5 mm</td>
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<tr>
<td>Week 3</td>
<td></td>
<td></td>
<td></td>
<td>0.75 or 1.0mm</td>
<td></td>
<td>0.5mm</td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td>0.5mm</td>
<td></td>
<td>0.5mm</td>
<td></td>
<td></td>
<td></td>
<td>0.5mm</td>
</tr>
</tbody>
</table>
10 Frequently Asked Questions & Answers

Q1. My skin broke out after treatment. Why?
if you have active acne, skin needling can spread acne bacteria around your face and trigger a breakout.

Q2. How long to see results?
Multiple treatments are necessary to achieve significant improvement. Treatment effects are cumulative. All skin is different so I can’t give a definite time frame. Usually you will see results each week as the skin changes due to collagen re-growth. 2-3 months are required for deep scars and wrinkles.

Q3. What areas of the skin can be treated?
Skin needling can treat sensitive areas that other treatments have to avoid, such as below the eyes, the neck and the back of hands.

Q4. How do I know which needle length to use?
It is EXTREMELY important to AVOID using 1.5 mm or longer needles on your face. They are for professional use.

- Use 0.5mm for boosting skin care product absorption.
- Use 0.75 mm for mild to moderate skin conditions.
- Use 1.0 mm for moderate to severe skin conditions.

Q5. How long does the needle attachment last?
You should get rid of the needle attachment immediately after treatment. This will prevent future infection.

Q6. What products should I use during treatment?
The best products are Cooper Peptide with Apple Stem Cell Serum. They help boost collagen production and help skin repair.

Q7. What products should I use after rolling?
You should try Peptide Silk Mask to reduce burning sensation and inflammation.

Q8. How painful is it?
This depends on the needle size. Most people reported mild pricking sensation, but the majority of people have no problem with the pain. If you have very sensitive skin, you can apply numbing cream before treatment.

Q9. Does it work on the bags under the eyes?
Derma stamp pen will not remove the bags under your eyes, but you can use it to treat wrinkles around your eyes. NEVER use 1.5 mm needles. Do not attempt another treatment until full recovery.

Q10. Can I wear makeup or sunscreen after treatment?
**DO NOT** wear makeup/sunscreen immediately after treatment because they will absorb deeply into your skin through the micro-punctures/micro-channels. These 2 products aren’t for deep skin treatment and can cause an infection. It is best to wait 24 hrs for your skin to calm down or your micro-channels to close up before applying makeup or sunscreen.
6 Skincare Products to Skyrocket Your Skin Needling Result

Derma roller alone can transform your skin by 100%. Combining with powerful topical products, your skin can improve up to 150%! Applying one of the 6 products below after treatment will enhance collagen production and skin renewal immensely.

1. **Vitamin C Serum**

Topical vitamin C is 20 times more effective than oral intake. Vitamin C is medically proven to successfully trigger collagen production and reduce sun damage by renewing skin cells. Look for 3 to 10% vitamin C in the form of L-ascorbic Acid, Ascorbyl Palmitate and Magnesium Ascorbyl Phosphate.

2. **Copper Peptide Serum**

Copper Peptide is clinically proven to reduce wrinkles and scars. It significantly boosts collagen and elastin production as well as rejuvenating aging skin cells. Many people reported that it is more effective than vitamin C and Retin-A. Copper peptide fills in fine lines and wrinkles by maintaining tremendous skin moisture, and it can prevent premature skin aging by neutralizing free radicals.

3. **Hyaluronic Acid**

Hyaluronic acid can produce soft and smooth skin by providing moisture, plumpness, firmness and suppleness to the skin. It drastically increases hydration, improves elasticity and reverses free radical damage. It protects you from UV radiation and is suitable for all skin types.

4. **Retin-A**

Retin-A greatly increases skin cell turnover and collagen production. It works similar to a light chemical peel. It improves your complexion by boosting skin exfoliation. This leads to even-toned and radiant complexion. You will definitely experience smoother skin texture.

Retin-A is most effective against hyper-pigmentation. Shallow scars including ice pick scars can be improved or "lifted up" by the production of collagen.

5. **Alpha Lipoic Acid**

Inflammation damages skin cells that produce collagen and elastin. Alpha lipoic acid is a potent antioxidant that fights inflammation. It improves skin texture and reduces wrinkles. For people with sensitive skin and are prone to redness and irritation from Retin-A, alpha lipoic acid may be a better choice due to its anti-inflammatory properties.

Look for a product with 1 to 4% alpha lipoic acid to improve rough skin texture, sun-damage, fine lines and deep wrinkles.